

# July 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OFF 1	Summer Strength 8:00 - 10:00 AM (Optional if in the area) 2	Summer Strength 8:00 - 10:00 AM (Optional if in the area) 3	OFF 4	Summer Strength 8:00 - 10:00 AM (Optional if in the area) 5	Summer Strength 8:00 - 10:00 AM (Optional if in the area) 6	OFF 7
OFF 8	Summer Strength 8:00 - 10:00 AM FROSH 10-12:00PM 9	Summer Strength 8:00 - 10:00 AM FROSH 10-12:00PM 10	Summer Strength 8:00 - 10:00 AM FROSH 10-12:00PM 11	Summer Strength 8:00 - 10:00 AM FROSH 10-12:00PM 12	OFF 13	OFF 14
Contact Day #2 - 3:00 - 7:00 PM 15	Contact Day #3 - 7:00 - 12:00 PM? FROSH: 3:00-5:00 PM 16	Contact Day #4 - 7:00 - 12:00 PM? FROSH: 3:00-5:00 PM 17	Contact Day #5 - 7:00 - 12:00 PM? FROSH: 3:00-5:00 PM 18	Braves Camp 5:30-8:00 PM 19	Braves Camp 5:30-8:00 PM 20	Braves Camp 8:30-11:00 AM 21
Off 22	Off 23	Off 24	Off 25	Off 26	Off 27	Off 28
Off 29	Off 30	Off 31				

## NOTES

We may have to change July 15-18 to the afternoons. We will see if we can arrange it to avoid conflicts with strength & conditioning.

---

---

---

---

---

---

---